



## IN-SERVICE TRAINING OPPORTUNITIES

*Information that every foster, adoptive and  
kinship care provider should know!*

### FAFS WEBINAR WORKSHOPS SPRING 2018 SCHEDULE

Date	Time	Title	In-service Hours
April 11, 2018	7:30-8:30 P.M.	The Nurtured Heart Approach®	1
April 19, 2018	1:00-3:00 P.M.	Creating Safe and Affirming Families for Transgender and Gender Non-Conforming Youth	3
April 25, 2018	1:00-3:00 P.M.	Social Emotional Learning and the Adolescent	2.5
May 3, 2018	7:00-9:00 P.M.	Post Adoption Issues	2
May 8, 2018	1:30-2:30 P.M.	The Nurtured Heart Approach®	1
May 15, 2018	7:00-9:00 P.M.	Social Emotional Learning and the Adolescent	2.5
May 23, 2018	7:00-8:00 P.M.	The Nurtured Heart Approach®	1
June 5, 2018	7:00-9:00 P.M.	Tech Dependence: Turned on and Tuned Out	2.5
June 13, 2018	7:00-9:00 P.M.	Understanding & Supporting LGBTQI Youth in Care	2
June 21, 2018	1:00-2:00 P.M.	The Nurtured Heart Approach®	1

### WEBINAR DESCRIPTIONS

**The Nurtured Heart Approach®:** An introduction to the Nurtured Heart Approach® (NHA), a relationship-focused methodology founded strategically in “The 3 Stands™” for helping children (and adults) build Inner Wealth™ and use their intensity in successful ways. NHA has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success. The essence of NHA is a set of core methodologies originally developed for working with the most difficult children. It has a proven impact on every child, including those who are challenged behaviorally, socially and academically. **1 hour in-service training**

**Creating Safe and Affirming Families for Transgender and Gender Non-Conforming Youth:** This webinar will educate resource parents and their families about basic terminology and concepts around transgender and gender non-conforming youth, allowing resource parents to create an accepting, affirming and inclusive home environment as transgender youth enter resource care. **3 hours in-service training**

**Social Emotional Learning and the Adolescent** will focus on the development of the child at the adolescent level and their social emotional skills. We will explore ways parents can help support the adolescent to learn the skills associated with social awareness, relationship management, self-awareness, self-management and responsible decision-making. **2.5 in-service hours in-service training**

**Post Adoption Issues:** This webinar will help you understand the unique challenges you and your child face on the road ahead. We will look at the common questions, fears, and concerns adopted children have regarding their birth parents, adoptive families and peers. Special emphasis will be placed on the seven core issues of adoption and on strategies for dealing with ambiguous loss and grief and issues relating to self-esteem and identity. We will also discuss how feedback from peers and other adults can impact adoption adjustment. **2.0 hours in-service training**

**Tech Dependence: Turned On and Tuned Out:** The negative impact of technology dependence often impacts individuals, families and organizations in profoundly insidious ways. Based on instructor John Kriger, MSM, LCADC, CPS’s newest book, this highly engaging course provides the most up-to-date research pertaining to internet behavior, relationships, virtual sex, bullying, and “tech-dependence”. Learn the elements and indicators of abuse and dependence, and discover the potential negative impact of excessive computer use on the brain. Find out how behavior is being unwittingly modified, and the long-term cost to our health, organizations and society. Explore the hidden dangers in gaming, social networking, and alternative reality environments. Study methods to reengage learners and why so many are coming out of schools today unprepared to take their place in the work force. Discover techniques for offsetting social isolation, and what can be done to improve skills, increase social competencies, and better manage interpersonal relationships. **2.5 in-service training hours**

**Understanding and Supporting LGBTQI Youth in Care:** An introduction to the lesbian, gay, bisexual, transgender, questioning or queer, and intersex (LGBTQI) community. We will define sexual orientation and gender identity, and discuss societal, emotional and specific issues faced by LGBTQI youth. This course also offers practical advice on how resource parents can effectively provide LGBTQI youth with support and care. **2 in-service training hours**

**TO REGISTER:** Go to [www.fafsonline.org](http://www.fafsonline.org), click on “Training,” scroll down to eLive webinars and click on the world icon. Select the sessions that you want and click the bottom “Register” button.



4301 Route 1 South, Suite 100

Monmouth Junction, NJ 08852

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